Toxic Foods, Plants and Household Items for Dogs and Cats

Print this chart and stick it on your fridge. If your pet eats anything on this list, call your vet immediately, even if your pet seems fine.

Item	Dogs	Cats	Why it is dangerous
Chocolate, cocoa	Toxic	Toxic	Theobromine and caffeine cause vomiting, fast heart rate, seizures
Grapes and raisins (kishmish)	Toxic	Avoid	Can cause sudden kidney failure in dogs, even small amounts
Onion, garlic, chives (incl. gravies, powders)	Toxic	Toxic	Damage red blood cells and cause anaemia
Xylitol (sugar-free gum, sweets, some peanut butter)	Toxic	Avoid	Causes dangerous low blood sugar and liver damage in dogs
Tea, coffee, energy drinks	Toxic	Toxic	Caffeine overstimulates the heart and nervous system
Alcohol and raw yeast dough	Toxic	Toxic	Alcohol poisoning; dough expands in the stomach
Cooked bones	Danger	Danger	Splinter and can block or tear the gut
Spicy, salty, fried food, namkeen, mithai	Avoid	Avoid	Stomach upsets and pancreatitis
Macadamia and large amounts of other nuts	Toxic	Avoid	Weakness, vomiting, high fat
Lilies (all types, even pollen or vase water)	Avoid	Deadly	Cause fatal kidney failure in cats
Paracetamol and human painkillers	Toxic	Deadly	Liver damage; one tablet can kill a cat
Dog flea and tick products (permethrin)	Use as labelled	Deadly	Severe tremors and seizures in cats
Rat poison, insecticides, naphthalene balls, phenyl	Toxic	Toxic	Bleeding, seizures, organ damage
Oleander (kaner), sago palm, dieffenbachia	Toxic	Toxic	Heart problems, vomiting, mouth irritation
Essential oils (tea tree and others)	Caution	Toxic	Cats cannot break down many oils

In an emergency: note what was eaten, how much and when, take the packet and go to a vet. Do not make your pet vomit unless a vet tells you to. **Safe treats (small amounts):** boiled chicken or egg, cooked pumpkin and carrot, apple or banana (no seeds) for dogs; boiled chicken or fish (no bones) for cats.

© Vet Vaishnavi · vetvaishnavi.com · care@vetvaishnavi.com

Prepared by Dr. Vaishnavi Karmawat, B.V.Sc. & A.H. · Free to print and share, not for resale